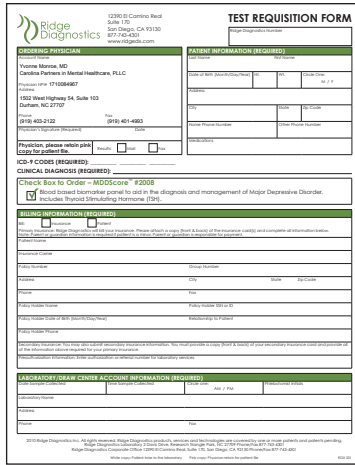


1. Ensure test requisition is complete with the requested information included. **Attach a copy of the patient's insurance card(s) front and back.**



**TEST REQUISITION FORM**

**ORDERING PHYSICIAN:**  
 Name: [ ]  
 Address: [ ]  
 Phone: [ ]  
 Fax: [ ]

**PATIENT INFORMATION (REQUIRED):**  
 Patient Name: [ ]  
 Date of Birth: [ ]  
 Sex: [ ]  
 Race: [ ]  
 Ethnicity: [ ]  
 Insurance: [ ]

**CLINICAL DIAGNOSIS (REQUIRED):**  
 Check box to Order - MDDScore™ #2008  
 Blood Glucose Monitoring panel to aid in the diagnosis and management of Major Depressive Disorder.  
 Includes Thyroid Stimulating Hormone (TSH).

**LABORATORY/CLINIC ACCOUNT INFORMATION (REQUIRED):**  
 Name: [ ]  
 Address: [ ]  
 Phone: [ ]  
 Fax: [ ]

2. Draw blood in 10mL plain red top tube (non-SST) and allow clotting for 30 minutes in a vertical position. Centrifuge the tube at  $\leq 1300g$  for 10 minutes.



3. Divide the serum equally between the two (2) cryotubes, secure the lids and label the cryotubes with the patient name, date of birth and sample date.

4. Place both tubes cryotubes (**invert one for ease of fit**) into the supplied Specimen Transport Vial (labeled plastic tube), insert white absorbent material and secure tightly with the supplied screw cap. If sample will be sent at a later date, transfer Specimen Transport Vial containing cryotubes to a refrigerator. Hold the samples in the refrigerator until the next shipping day.

5. Fill Ridge Diagnostics Specimen Transport Container (stainless steel canister) approximately  $\frac{3}{4}$  of maximum with crushed ice and place Specimen Transport Vial into the container. Add additional crushed ice as appropriate and seal with both caps. Wrap Specimen Transport Container in white foam wrap.



6. Place foam wrapped Ridge Diagnostics Specimen Transport Container and completed Test Requisition Form into the white cardboard Specimen Shipping Tube and close with supplied end caps.

7. Place cardboard specimen transport tube into FedEx Diagnostic Specimen Pack. Affix FedEx Billable Stamp on the FedEx Diagnostic Specimen Pack and assure sealed (UN 3373 Pak).

8. **Send Monday thru Thursday only**  
 For specimen drawn on Friday, please store at 2-8°C and ship on Monday.



9. For additional questions, please contact our Client Service Department at **800-578-7818.**



Ship via FedEx to:  
**Ridge Diagnostics Laboratory**  
**2 Davis Drive**  
**Research Triangle Park, NC 27709**

## MDDScore™ SPECIMEN REQUIREMENTS

1. Draw blood in 10mL plain red top tube (non-SST) and allow clotting for 30 minutes in a vertical position in a test tube rack.
2. Centrifuge the tube at  $\leq 1300g$  for 10 minutes.
3. Label two (2) 4mL plastic screw cap cryotubes adding the patient name, date of birth (Month/Day/Year), and sample date.
4. Divide the serum equally between the two (2) cryotubes and secure the lids. Place both tubes (**invert one for ease of fit**) into the supplied Specimen Transport Vial (labeled plastic tube), insert white absorbent material and secure tightly with the supplied screw cap.
5. If sample will be sent at a later date, transfer Specimen Transport Vial containing cryotubes to a refrigerator. Hold the samples in the refrigerator until the next shipping day. Please send Monday thru Thursday only.
6. Fill Ridge Diagnostics Specimen Transport Container (stainless steel canister) approximately  $\frac{3}{4}$  of maximum with crushed ice and place Specimen Transport Vial containing the cryotubes into the container. Add additional crushed ice as appropriate and seal with both caps; inner screw "stopper" and outer cup type. Wrap specimen transport container in white foam wrap.
7. Place foam wrapped Ridge Specimen Transport Container and completed Test Requisition Form into the white cardboard Specimen Shipping Tube and close with supplied end caps.
8. Place cardboard Specimen Shipping Tube into FedEx Diagnostic Specimen Pack.
9. Affix FedEx Billable Stamp on the FedEx Diagnostic Specimen Pack and assure sealed (UN 3373 Pak).
10. Send Monday thru Thursday only. Ship via FedEx to:  

**Ridge Diagnostics Laboratory**  
**2 Davis Drive**  
**Research Triangle Park, NC 27709**
11. For additional questions, please contact Client Services at 800-578-7818.